



explore COSTA RICA

VOLCANOES, RIVERS AND RAINFORESTS



November 3-9, 2024



7-DAY COSTA RICA EXPEDITION

Immersed in one of the most unique biodiversity hot-spots on earth, students will engage in active learning and personal growth while learning to open their senses to environment, nature and Caribbean culture – an immersive, experiential learning opportunity that creates a lasting connection to the wonders of the world.

Pura Vida - the simple life. But *pura vida* is so much more: it's an attitude; a celebration of life in the moment. It's time to experience what *pura vida* means to you.

We're about to explore a place that's unlike anywhere else in the world. Welcome to the emerald of Central America: Costa Rica.





Day 1 – November 3

DEPART THE USA TO SAN JOSE, COSTA RICA / DRIVE TO SARAPIQUÍ

Fly from Dallas to San Jose, Costa Rica. We meet our local guides upon arrival and depart toward La Selva and Tortuguero, stopping at Sarapiquí for the night. *Overnight at La Quinta Sarapiquí Hotel or similar. (D)*

Day 2 – November 4 LA SELVA / TORTUGUERO NATIONAL PARK

Depart early this morning to Selva Biological Station. Operated by the Organization for Tropical Studies, La Selva protects an intact forest that hosts over 450 bird species and 70 species of bats. The world-renowned

facility hosts hundreds of scientists and university courses every year.

Continue to the Caribbean coast, to Tortuguero National Park, comprised of Caribbean beaches, swamp forest, lowland rainforest, and a network of picturesque natural waterways. There is an incredible diversity of plant and animal life including more than 100 reptile species, 60 mammal species, and hundreds of bird species. The final leg of our journey is by boat through Tortuguero's scenic canals. We arrive at our hotel by lunchtime. This afternoon, discover the enchanting village of Tortuguero; the town, located on a narrow spit

of land between the beach and a canal, has no cars and a population of only 500 inhabitants. Walk through the colorful village to discover its lifestyle and meet locals. *Overnight at Evergreen Lodge. (B,L,D)*

Days 3-5 – November 5-7 TORTUGUERO

The area protected by Tortuguero (turtle catcher) National Park was an archipelago of volcanic islands until alluvial sediments from the interior mountains filled in the region and formed a network of marshy lands. At the coast, the sand deposits formed beaches where turtles nest.







7 Day Cost Rica Expedition Nolan Catholic High School

November 3-9, 2024

\$3,249 per student, Land Only
Add \$650 for round-trip international airfare
DFW - SJO

\$650 deposit on or before August 16, 2024*
Full Payment Balance Due by September 13, 2024

*Register by May 15, 2024 to receive a FREE
Costa Rica water bottle

INCLUSIONS

- Private ground transportation throughout, shared boat transfer in Tortuguero
- Two expert Naturalist guides with the group throughout
- All meals detailed in itinerary as included
- Potable water to refill your water bottle
- Soft drinks, water, juice, coffee or tea with meals
- Excursions as stated in the itinerary as included
- Accommodations on a shared basis as described in the itinerary, or similar
- Gratuities to naturalist guides, drivers, hotel staff, meal servers

ITEMS PRICED SEPARATELY OR EXCLUDED:

- Airfare
- Excess baggage charges
- Fees for passports and visas
- Items of a personal nature, equipment rental, laundry, phone calls, internet access, beverages not included with meals or on the bus, camera fees, required vaccinations, etc.
- Transfers for non-group arrivals and departures
- Travel insurance
- Specific items described as Not Included on each tour

This unique ecosystem made up of heavy rainfall, beaches, canals, lagoons and wetlands results in an area of exceptional biodiversity, best-accessed by boat.

We'll spend our days here hiking, walking and floating along the waterways in search of wildlife. Be on the lookout for seven species of river turtles, Spectacled Caiman, Southern River otter, Spider, Howler and Capuchin Monkeys and many species of colorful birds. Photography opportunities abound!

Overnight at Evergreen Lodge or similar. (B,L,D Daily)

Day 6 – November 8

RETURN TO SAN JOSE

Early breakfast and full day drive, with lunch en route to San Jose where there is time for shopping to pick up some local souvenirs and handi-crafts. Tonight enjoy your farewell dinner with your guides. *Overnight at Hotel Autentico or similar. (B,L,D)*

Day 7 – November 9 RETURN HOME

We transfer back to Juan Santamaria International Airport for our return flights home to Dallas. (B)



For more information:

Contact **Rick Garnett** with **Nolan Catholic High School**

or **John Key** with **Conservancy Travel**

Email: john.key@conservancytravel.org Phone 334 372 3132

Register online at

www.conservancytravel.org/CostaRica2024-NOLAN



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